



# Chamber Connection

## “Creating a Bright Future”

**Trotwood  
Chamber of Commerce**

**Volume 6 Issue 3  
March 2010**

Members, the Chamber wishes to thank you for all of your support to the Chamber and your commitment to our community. Your dedication, support and willingness to assist where needed is truly appreciated. Those businesses participating in our M2M Discount Program thank you for your continued participation. You not only increase the visibility of your business but it is an excellent networking tool.

### **Golf Outing**

Mark your calendars for **Monday, September 13** at Moss Creek Golf Club. Golling Arena Dodge has again agreed to provide a car for anyone having a hole-in-one! As of today, DPL and Liberty Savings Bank are sponsors of our event. Please contact the Chamber if your business would like to become a sponsor, there are several levels to choose from. Those businesses registering before August 20 will be entered in a special drawing that will take place the day of our outing. So, register early to be eligible!

*Marie Battle CPS, Executive Director*

### **Member Benefits**

As many of you know, the economy has been on a downward spiral and some businesses has been affected in ways no one would have ever imagined. The Chamber has an opportunity for you that will help your business now and in the future by offering incentives that will save you money on benefits offered to your employees. Benefits are offered through Southern Ohio Chamber Alliance and include:

- ◇ **Healthcare through United Healthcare: Discount premiums on companies with two or more employees**
- ◇ **Healthcare for One: Health insurance for individuals**
- ◇ **Dental Care through Superior Dental: Special benefit plans for Chamber Members**
- ◇ **Prescription Drug Discount Card: Available to you and your employees for FREE**
- ◇ **Hearing Aid Discounts: 50-60% available to you and your employees FREE**
- ◇ **Cintas Document Management: Available for document destruction**

### **Benefit Seminar**

Members come and get the most from your investment. Your member benefits will be explained by experts from Workers Compensation (Group Rating), Superior Dental, United Healthcare, Cintas and others.

**When: Wednesday, March 24**  
**Where: Mercy Siena Retirement Community**  
**Location: 6105 N. Main Street, Dayton OH 45415**  
**Time: 8:30-10 a.m.**

The seminar is sponsored by Mercy Siena and put on by the Trotwood, Northmont and Vandalia-Butler Chambers of Commerce. You must RSVP to 937.837.1484 no later than Thursday, March 18 to attend. (Breakfast will be provided).

### **2010 Officers**

President  
Gary Fischer  
Liberty Savings Bank

President-Elect  
Karrie Toms  
Maria Josephs Living Care Center

John Smith  
Vice-President  
Trotwood-Madison  
City Schools

Secretary  
Sandra K. Allen  
Salem Woods Apartments

Treasurer  
Al Miller  
Dayton Nutra Foods

### **Board of Directors**

Jackie Brockman  
YMCA

Dr. Karen Garner  
Summit Towing

Raymond Garner  
Ray Garner Realty

Loren Gross  
Salem Towing

Pam Hall  
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Angel Heath  
Account Angel LLC

Bruce Kettelle  
Totally Trotwood

Mike Lucking  
City of Trotwood

Karen Wampler  
Hara Arena Complex

Marie Battle  
Executive Director

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## FREE SAFETY SEMINAR!

“Identifying likely employee injuries and developing effective policies to eliminate them”

Presented by: **Mr. Gary Hanson, President**

**American Safety and Health Management Consultants, Inc.**

This is a 1/2 day seminar put on for Group Rating member companies and for companies who had a workers' comp claim in either 2007 or 2008. **This seminar meets the requirements of the 2-hour training requirement for employers who are required to attend a 2-hour safety training class who had a claim in either 2007 or 2008.**

<b>Dates/Locations:</b>	March 31, 2010	Columbus	Best Western North
	April 6, 2010	Akron/Fairlawn	Holiday Inn
	March 30, 2010	Hamilton	Butler County Extension Office
	April 5, 2010	Perrysburg	Holiday Inn French Quarter

**ALL Seminars are from 9:30am—2:30pm**

**PLEASE RESPOND NO LATER THAN 3 DAYS BEFORE THE SEMINAR OF YOUR CHOICE.**

**Fax, Mail or send via E-Mail to: Kathy Hanson ASH 230 S Canal St Canal Fulton OH 44614**

Fax: (330) 854-2822 E-mail: ASHMCI@aol.com

### **Please Print**

(Max. 3 People)

Name: \_\_\_\_\_ # of People Attending \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Company Address: \_\_\_\_\_

Association Affiliation: \_\_\_\_\_

*Please Check which Seminar you will be attending.*

- |  |  |
|--|--|
| <input type="checkbox"/> March 31, 2010 at Columbus      | <input type="checkbox"/> March 30, 2010 at Hamilton  |
| <input type="checkbox"/> April 6, 2010 at Akron/Fairlawn | <input type="checkbox"/> April 5, 2010 at Perrysburg |

### **Hotel Information**

#### **Akron/Fairlawn, OH: Holiday Inn,**

4073 Medina Rd.

Akron, OH 44333

**Phone:** (330) 666-4131

#### **Columbus, OH: Best Western Columbus No.**

888 Dublin-Granville Road

Columbus, OH 43229

**Phone:** (614) 888-8230

#### **Hamilton, OH Butler County Extension Office**

1802 Princeton Road

Hamilton, OH 45011-4797

**Phone:** (513) 887-3722

#### **Perrysburg, OH: Holiday Inn French Quarter**

10630 Fremont Pike

Perrysburg, OH 43551

**Phone:** (419) 874-3111

## **Interactive Workshop - Wednesday April 7, 2010**

Roger Wentworth, President of Sandler Training-Beavercreek, will present a 2-hour Small Business Interactive Workshop. A few of the topics Roger will discuss are:

- ◇ Proposals that don't turn into business for you
- ◇ How not to be an unpaid consultant
- ◇ Working with systems that gives good results
- ◇ Feeling out of control

**Where: Sycamore Woods Lake  
4444 Lake Center Drive  
Trotwood OH 45426**

**Time: 7:30—9:30 a.m.  
Cost: No cost to members  
Non-members \$10**

The workshop is sponsored by **Mercy Siena Retirement Community** and hosted by Trotwood Chamber of Commerce. For more information on the interactive workshop, contact the Chamber at 937.837.1484. Deadline to register is Monday, April 5. Breakfast will be provided.

# Chamber Connection

## Mo Better Me Studio

### Camela Douglass, Award Winning Educator and Fitness Instructor, Releases First Exercise DVD and Music CD

January 1, 2010— So, you think you can't dance? Camela Douglass, M.S. ED. will have participants dancing like no one is watching with her high energy Mo Better Me Workout by Mosha Fitness. This workout is based on easy to follow dance steps for all ages, genders, sizes and dance levels. Participants will not only burn excess body fat and tone their body but they are guaranteed to have a good time while working out. The workout offers instruction for low, moderate, and high intensity exercise. Also included is a CD of Camela's original fitness music produced by Thr3fourteen of Mega Beat International.

Camela is a robust, vivacious professional whose primary goal is to motivate and inspire individuals to maximize their full potential for greatness. She is an educator and life coach and has been a certified personal trainer and fitness instructor for the last 11 years. Her energy, confidence, striking personality coupled with her creativity, make for a presentation applicable to all people and transcends race, gender, socioeconomic background and interest. After losing 50 pounds of fat, she is a prime example of how you can move and shake your way to health and wellness.

Camela opened her first exercise studio, Mo Better Me Lifestyle Change Studio at 2534 Shiloh Springs Road, Trotwood, Ohio, in June of 2008. In her first year of business, she received Trotwood Chamber of Commerce's Small Business of the Year Award. In November 2009, she received the Dayton Urban League Diamond Award for her work in the community with Health & Wellness.

The CD/DVD is available at the following retailers: Mobetterme.com, Natural Foods Plus, and coming soon to other health and fitness outlets. For further information, please Contact Camela's Management Consultant, David Matthews at (937) 718-9668.

## TROTWOOD BUSINESS OWNER /Chamber Member ON RTA BOARD

Adrienne Heard, owner of Heard Management, was sworn in on January 5, 2010, as the newest member of the Greater Dayton Regional Transit Authority's governing board. The Board is composed of nine members: two appointed by the City of Dayton, one appointed by the City of Kettering, and six appointed by Montgomery County. Each member serves at the pleasure of his or her appointing body without monetary compensation. Ms Heard is a Montgomery County appointee.

Heard Management is a business management consulting firm specializing in planning, standard operating procedures and staff development. The firm is located at 4444 Lake Center Drive in Trotwood.



## Special Thanks to North Dayton School of Discovery

North Dayton School of Discovery located at 3901 Turner Road, was the sponsor and host of our Chamber-after-hours Monday, February 22. The school opened in 1995 and currently has 580 students. It has an all day kindergarten and grades are kindergarten to eighth. All teachers are certified and the curriculum meets State of Ohio standards. The school's moral focus is on integrity, honesty, morality, health, nurturing, relationship and tutoring.

Five \$10 gift cards to China Cottage in Trotwood were provided by North Dayton and the winners were Sandra Allen, Dora Garner, Adrienne Heard, Terry Lodge and Michele Spear.



## Easter Egg Hunt/Open House

Maria-Joseph Living Care Center will have an Easter Egg Hunt Saturday, April 3 starting at 1 p.m., ages are preschool to 12 years.

You are invited to an open house at Maria-Joseph Thursday, April 8 from 4-7 p.m. For more information call 937.278.6292. They are located at 4830 Salem Avenue.

# Chamber Connection

## Membership Renewals

The Chamber wishes to thank the following businesses for renewing your membership:

Dayton Hara Complex  
Dayton Quality Starter  
Katie's Hallmark  
Korrek Plumbing  
LFL Insurance  
My Life Direction  
Salem Woods Apartments  
Trotwood Library

## Easter Egg Hunt

Trotwood Recreation Division's 7th Annual Easter Egg Hunt is scheduled for Saturday, March 27 at Madison Park Pavilion

**Time: 10:00 a.m.**  
**Age: 10 years and younger**

Special prizes will be given in each age group. Children are asked to bring your own basket. For more information call Trotwood Recreation Division at 937.854.7227

## Upcoming Events

**General Membership Meeting**  
March 17  
**Member Benefit Workshop**  
March 24  
**Easter Egg Hunt**  
March 27  
**Easter Egg Hunt**  
April 3  
**Easter**  
April 4  
**Small Business Workshop**  
April 7

## *Flash Quick Copy*



We Copy Up a Storm!  
2572 Shiloh Springs Road  
Trotwood OH 45426  
Ph: 937.854.5648  
Fax: 937.854.7006

## *Summit Towing, Inc.*



Over 65 Years in Dayton  
4164 Gardendale Avenue  
Dayton OH 45427  
Ph: 937.268-6100  
Fax: 937.268.0277



**Adrienne L. Heard, MBA, CBA**

**HEARD MANAGEMENT**  
"Helping Entrepreneurs Succeed"

Certified Business Advisor

4444 Lake Center Dr., Suite 201  
P. O. Box 26384  
Trotwood OH 45426  
Email: [alheard@heardmgt.com](mailto:alheard@heardmgt.com)

Ph: 937.837.5273  
Fax: 937.854.4342

## *Life of Riley Landscape Services*



8089 Little Richmond Road  
Trotwood OH 45426  
Ph. 937.854.4433  
Fax: 937.854.3525



**Trotwood Chamber of Commerce**  
**P. O. Box 26507**  
**Trotwood OH 45426**