



# Chamber Connection

## “Creating a Bright Future”

**Trotwood  
Chamber of Commerce**

**Volume 6 Issue 9  
September 2010**

The Chamber held its annual golf outing Monday, September 13, 2010 at Moss Creek. Our attendance was down from last year but those that participated had an enjoyable time. Congratulations to winners ... first place Arthur Holland Sr. and his team, the longest drive women Gale Horton, longest drive men Tim Davis, closest to the pin Jim McCormick and longest putt Art Holland Sr. Our sincere thanks to our grand sponsor **DP&L**, all other sponsors, donors and all participants; our special golf committee Angel Heath, Dora Garner and Pat Lodge that worked unselfishly to make our outing successful; **Gall & Gall** for providing a photographer to take pictures and **Golling's Arena Dodge** for proving a car and other amenities for our golf outing. We are encouraged by your help and participation and look forward to your participation and help in 2011.

*Marie Battle CPS, Executive Director*

### Group-Rating Safety Accountability

Dear Employer:

Each year Ohio employers have the opportunity to participate in BWC's Group-Experience-Rating Program or Group-Retrospective-Rating Program. While these programs are not required, they do provide you with an opportunity to significantly reduce your workers' compensation premiums, while increasing your awareness of safety and risk-management strategies.

Workplace safety is an important component of these programs. To succeed in accident prevention, we encourage you to use the many resources available to you. We believe a group-rating program is a partnership that includes you and your employees, your sponsoring organization or third-party administrator (TPA) and BWC. Each has specific roles and responsibilities, all designed to assist in preventing workplace accidents. This letter outlines the safety services expectations you should have as an employer enrolled in a group-rating program.

#### The employer will:

Maintain a safe workplace; attend safety training to enhance workplace safety; implement BWC's 10-Step Business Plan for Safety and use available safety services as needed; attend the required two-hour training and provide proof of attendance to sponsor for claim(s) occurring within the last two years.

#### The certified primary and affiliated sponsoring organizations will:

Communicate, educate and verify BWC's 10-Step Business Plan for Safety to group members; sponsor eight hours of safety training (this may be done at one time or may be provided incrementally as long as the total is at least eight hours); provide information regarding safety resources to group members; possibly assist an employer in achieving its safety needs; manage employer fulfillment of the two-hour training requirement, where applicable; publish this

letter to group members.

#### The TPA may:

Assist sponsoring organizations with fulfilling the group-rating safety requirements; assist an employer with its safety needs; work in conjunction with sponsors to develop safety training and deliver safety resources; provide resources for claims handling.

#### BWC will:

Monitor all group-rating safety activities to confirm requirements are met; meet at least annually with sponsoring organizations to provide recommendations for fulfilling safety requirements; provide safety training through Ohio's Center for Occupational Safety & Health; offer on-site safety consultation (hazard assessments, air and noise monitoring, ergonomics evaluation, training) by a BWC safety professional; offer publications and videos for safety program support; conduct employer visits to confirm the employer is meeting group-rating requirements, when appropriate.

The goal of this collaborative effort is to make sure all your safety needs are met. Using these resources will assist you in preventing accidents, reducing claims costs and achieving the highest discounts possible. Below you'll find contact information for various resources.

Group Sponsor: Trotwood Chamber of Commerce  
937.837.1484,

BWC: Olivea DeLegal,  
Participating in Group Rating  
Phone Number  
937.264.5212

#### 2010 Officers

President  
Gary Fischer  
Liberty Savings Bank

President-Elect  
Karrie Toms  
Maria Josephs Living Care Center

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Vice-President  
Trotwood-Madison  
City Schools

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Hara Arena Complex

Marie Battle  
Executive Director

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#### Membership Renewals

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Clara's Heart Childcare

# Chamber Connection

**2010 Business of the Year  
Nomination Form**

This area must be completed to be considered for nomination (you may nominate your own business; however, the business must be a member of the Chamber to be considered for nomination). The eligibility list is below.

Individual/Business/Organization

Address:

City \_\_\_\_\_

Zip Code \_\_\_\_\_

(Phone) \_\_\_\_\_

Fax \_\_\_\_\_

Check Category: Small  Large

Provide a brief explanation of why you feel this individual/business/organization should receive this award: \_\_\_\_\_

Nominating Individual:

Name

Date \_\_\_\_\_

Business \_\_\_\_\_

Address: \_\_\_\_\_

Phone No. \_\_\_\_\_

Signature \_\_\_\_\_

**Deadline to complete and return the form is October 22, 2010**

Please mail form to Trotwood Chamber of Commerce, P. O. Box 26507, Trotwood OH 45426 or fax 937.837.1508

**Below is a list of businesses eligible for nomination, please put a check mark (✓) by the name of the business you are nominating.**

- Access Systems
- Algo Termite & Pest Control
- Account Angel Bookkeeping
- Adams Auto Service
- A Storage USA
- Boone's Power Equipment

- Calvary Missionary Baptist Church
- Chiappa Firearms Limited
- City of Trotwood
- Clara's Heart Childcare Center
- Cub Foods-Trotwood
- Dayton Center Courts
- Dayton Hara Complex
- Dayton Nutra Foods
- Dayton Power & Light Company
- Dayton Quality Starters
- Dollar & Up

- Easter Seals Adult Day Services
- Elcess & Associated
- Fifth Third Bank
- First Day Financial FCU
- First Command Financial Services
- Flash Quick Copy
- Friendship Village

- Gall & Gall
- Gates/Parizo Wertz Insurance
- Golling's Arena Dodge
- Gordon Food Services (GFS)
- Greater St. John Baptist Church
- Green Star Trucking
- Grismer Tire Company
- Gump Law Offices
- H. H. Roberts Mortuary
- Hawkins & Son Construction

- Heard Management
- Holiday Inn-Englewood
- Hunter Consulting Company
- J. W. Devers & Son
- Jerri's Catering
- Katies Hallmark
- Kidz to Success
- Key Bank
- Korreck Plumbing Company

- LFL Insurance Agency
- Liberty Savings Bank
- Life of Riley Landscape
- Logan Service
- M&H Service Center
- Mercy Siena Retirement Community
- Miami Valley Career Tech. Center
- Maria-Joseph Living Care Center
- Mo Better Me Studio
- My Life Direction & Hypnosis Center

- Nile Investment
- North Dayton School of Discovery
- Nurrenbrock Quality Candies
- O'Reilly Auto Center
- Office Depot

- Precious Blood Church
- Ray Garner Realty
- Residence in Praise Fine Arts
- Rogers' Funeral Home
- Rumpke Waste Removal
- Salem Bend Condominium
- Salem Square Improvement (DLC)
- Salem Towing
- Salem Woods Apartments
- Shiloh Springs Care Center
- Shiloh Springs Store & Lock
- Sir Handy Improvement
- Sisters of the Precious Blood
- Southern Ornamental Iron Co.
- Stryver Manufacturing
- Summit Towing

- The Comvest Group (Angel Heart)
- The Mustard Seed Foundation
- Totally Trotwood
- Trotwood Library
- Trotwood-Madison City Schools
- Trotwood Historical Society
- Trotwood Rotary Club
- United Theological Seminary
- Wise Construction Company
- Wolf Creek Company
- Wurst Architect
- YMCA of Greater Dayton

# Chamber Connection

## Annual Dinner/Business of the Year

*What businesses will represent the Chamber this year as our large and small businesses of the Year?*

The Chamber's Annual Dinner and Business of the Year event is scheduled for Thursday, November 4 at Sycamore Woods LLC, 4444 Lake Center Drive, Trotwood OH. The Mistress of Ceremony for our Annual Dinner will be Cathy Petersen, Communications Director, Montgomery County and our guest speaker will be Thomas Traynor, Professor of Economics at Wright State University.



Five businesses will be nominated for their support, charitable contribution and their investment to improve the economic environment of our community. From the five businesses nominated, we will select one large business and one small business as our Businesses of the Year. You do not have to be a member of the Chamber to nominate a business; however, **only members of the Chamber are eligible** to be selected as our Businesses of the Year.

On page two of this newsletter is a nomination form, we ask you to complete your nomination form and return it to the Trotwood Chamber of Commerce, 4444 Lake Center Drive, Trotwood OH 45426. Deadline for nominations is October 22, 2010.

## Job Stress Management / Workplace Stress Reduction

Stress is a normal occurrence. However, with increasing demands of work and home life, stress on the job is a problem causing physical, mental, and financial consequences for employers as well as employees. Stressful working conditions are associated with increased absenteeism, tardiness, and intentions by workers to quit their jobs—all of which have a negative effect on a company's success. Employers, managers, supervisors, and business owners have many reasons to consider the stress level of their workers:



### Financial

- Stressed employees take more sick days and file more disability claims than do contented employees

- Disgruntled employees often quit after extensive investment has been made in their training, and another person has to be trained in their place
- Job stress can result in decreased productivity

- Errors made by stressed workers can result in faulty products that cannot be sold, or worse, that fail after sale and lead to lawsuits

### Emotional

- Stressed workers may become depressed or angry
- Alcohol or drug use increases as self-medication for distress, which in turn creates more problems

### Safety

- People who are overly stressed are less attentive and can accidentally damage equipment or injure themselves or others
- At the extreme, stress can lead to violence, and management or co-workers can be hurt or killed – the term “going postal” has become part of the language expressing a murderous rampage as a result of job dissatisfaction

### Early warning signs of job stress include:

Headache, sleep disturbances, difficulty in concentrating, short temper, upset stomach, job dissatisfaction, low morale

### Suggest ways to prevent stress at work.

- The design of tasks – heavy workload; infrequent rest breaks; long hours; and routine tasks that do not utilize workers' skills
- Management style – poor communication in the organization and a lack of family-friendly policies
- Interpersonal relationships – an unsupportive social environment
- Work roles – conflicting or uncertain job expectations; too much responsibility
- Career concerns – job insecurity; lack of opportunity for advancement or promotion
- Environmental conditions—unpleasant or dangerous physical conditions such as crowding, noise, air pollution, or ergonomic problems.

Printed with the permission of Dr. Edythe Kidd-Okwilagwe Ph.D., My Life Direction Holistic Counseling and Hypnosis Center (A Division of K-Okwils Counseling and Hypnosis Center) 937-262- 9912 or 877-390- 5624. edyeko-phd@excite.com www.mylifedirection.com

# Chamber Connection

## Get Connected—Chamber After-Hours

Holiday Inn-Englewood, 10 Rockridge Road, will host a "Chamber After Hours" for Trotwood Chamber Tuesday, October 12 from 5-7 p.m. Toni Weideling our Southern Ohio Chamber Alliance representative, will give an update on benefits offered through SOCA to Chamber members.

Holiday Inn will provide hors d'oeuvres, trivia in the lounge, and a tour of their facility. Mark your calendar and get connected at Holiday Inn-Englewood, Tuesday, October 12, 2010. Registration is required, call 937.837.1484 by Monday, October 11 to register.

## Board Nomination

Members are you interested in serving on the Chamber Board? If so, please email the Chamber at [trotwoodchamber@earthlink.net](mailto:trotwoodchamber@earthlink.net). no later than October 8, 2010. Get involved...*volunteer!*

## Upcoming Events

Chamber After Hours  
Holiday Inn-Englewood  
October 12  
Board Meeting  
October 20  
Annual Dinner  
November 4

## Flash Quick Copy



We Copy Up a Storm!  
2572 Shiloh Springs Road  
Trotwood OH 45426  
Ph: 937.854.5648  
Fax: 937.854.7006

## Summit Towing, Inc.



Over 65 Years in Dayton  
4164 Gardendale Avenue  
Dayton OH 45427  
Ph: 937.268-6100  
Fax: 937.268.0277



Adrienne L. Heard, MBA, CBA

**HEARD MANAGEMENT**  
"Helping Entrepreneurs Succeed"

Certified Business Advisor

4444 Lake Center Dr., Suite 201  
P. O. Box 26384  
Trotwood OH 45426  
Email: [alheard@heardmgt.com](mailto:alheard@heardmgt.com)

Ph: 937.837.5273  
Fax: 937.854.4342

## Life of Riley Landscape Services



8089 Little Richmond Road  
Trotwood OH 45426  
Ph. 937.854.4433  
Fax: 937.854.3525



**Trotwood Chamber of Commerce**  
P. O. Box 26507  
Trotwood OH 45426